- We are a not for profit charitable organisation who offer support to those who have been affected by abuse.
- Dedicated counselling service for male survivors and supporters of abuse from 11 years plus.
- Counselling provision for male & female supporters of male survivors

All our services are free

SomeOne Cares
1 Amble Close
North Shields
Tyne & Wear
NE297XW

Tel: 0191 2578094

**Email:** Referrals@someonecares.org.uk



SomeOne Cares





Providing free confidential counselling support to male survivors of abuse and their supporters.

Telephone: 0191 2578094



Someone Cares is a not for profit organisation working to help those



## Who are we?

Established in 1989 we work with males from 11 years plus.

Someone Cares is a dedicated counselling service, working with survivors and supporters of all types of abuse and its related issues. Specialising in childhood sexual abuse, rape and sexual assault.

## **OUR AIM**

"To enable those affected by abuse to lead a more effective life and reduce the stigma associated with abuse." What our clients say......

"I think my counsellor is an excellent counsellor and that my experience here has been very helpful. Thank you all very much"

(Male client).

"Apprehensive at first didn't think the rapport would be there, good listener, you do the service proud"

(Male client)

## What can I expect?

We understand counselling can be scary and for this reason we try and make your time with us as comfortable as possible.

- We offer a warm friendly environment at all times.
- Confidential one to one counselling.
  - Dedicated counsellor throughout your therapy.
  - Option of Male or Female counsellors.

Other options which may be available to you are:

- ♦ Group counselling
- ♦ Skpe counselling.