

- We offer Person centred counselling tailored to each individuals needs.
- We are a not for profit charitable organisation who offer support to those who have been affected by abuse.
- SomeOne Cares provides free counselling, support and information to males & females aged 11 years and over.

SomeOne Cares
 1 Amble Close
 North Shields
 Tyne & Wear
 NE297XW

Tel: 0191 2578094

Email: Referrals@someonecares.org.uk



SomeOne Cares

All our services are free



Providing free confidential counselling support to survivors of abuse.

Telephone: 0191 2578094

Someone Cares is a not for profit organisation working to help those

SomeOne Cares

Empowering people throughout the North East since 1989

F.S.A Registered number 29399R



Who are we?

Established in 1989 we work with males and females from 11 years plus.

Someone Cares is a dedicated counselling service, working with survivors and supporters of all types of abuse and its related issues. Specialising in childhood sexual abuse, rape and sexual assault.

OUR AIM

“To enable those affected by abuse to lead a more effective life and reduce the stigma associated with abuse.”

What our clients say.....

“Having the support and knowledge that you are not alone and not feeling judged like people outside the organisation do. Someone always Cares and everyone there cares too”

(Young client)

“Excellent support from the whole team and to my counsellor for the one-to-one sessions”

(Female client)

What can I expect?

We understand counselling can be scary and for this reason we try and make your time with us as comfortable as possible.

- ◆ We offer a warm friendly environment at all times.
- ◆ Confidential one to one counselling.
- ◆ Dedicated counsellor throughout your therapy.
- ◆ Option of Male or Female counsellors.

Other options which may be available to you are:

- ◆ Group counselling
- ◆ Skype counselling.